
Syllabus

ICF Competency Brush Up Program

Overview

A core coaching competency and mentor coaching program designed specifically for professional coaches seeking skill development and/or preparing for ICF's credentialing exams. Led by an MCC coach who has experience as an ICF Credentialing Assessor, is a trained & seasoned mentor coach, and accumulated 18+ years coach training experience on faculty with an ICF ACTP.

Goals

Through a combination of group learning and individual mentor coaching sessions, professional coaches enhance their skills.

- Integrate the ICF competencies into your unique expression as coach as you deepen your understanding of them.
- Gain a clear grasp of what is necessary to bring your coaching skills to the level of artistry, ease, and effectiveness that you seek.

Earn 16.0 hours of ICF-approved CCEs **OR** 7 hours of mentor coaching [in a group setting] toward an ICF credential application.

Requirements

1. First and foremost, be a professional coach with a desire to take your skills to the next level of artistry.
2. Because we meet on a state-of-the art webinar platform, the following equipment is necessary: Webcam (if it's not already built into your PC or Mac) and High Speed Internet Access

Evaluation

Verbal mentor coaching feedback is included in classroom learning laboratories.

Private, personal mentor coaching feedback sessions and/or comprehensive written feedback is available as a separate service.

Certified Mentor Coach:
Amorah Ross, MCC
E-Mail: amorah@amorah.com
Phone: (425) 788-4303

Materials & Access

- Workbook, Study Documents, etc. accessible online
- Classroom URL provided upon registration

Milestones

Spring & Fall Program Start Dates

Eight 2-hour group learning and mentor coaching sessions online. Bi-weekly occurrence over 12 weeks.

Week #4

Participate in your first peer practice coaching session.

Week #7

Participate in your second peer practice coaching session.

Week #10

Participate in your third peer practice coaching session.

Week #13

Receive letter of completion for CCEs and mentor coaching hours.

