
Syllabus

ICF Competency Brush Up Program

Overview

A core coaching competency and mentor coaching program designed specifically for professional coaches seeking skill development and/or preparing for ICF's credentialing exams. Led by an MCC coach who has experience as an ICF Credentialing Assessor, accumulated 18+ years coach training experience on faculty with an ICF ACTP and is a seasoned master coach & Certified Mentor Coach.

Goals

Through a combination of group learning and mentor coaching interactions, professional coaches enhance their skills.

- Integrate the ICF competencies into your unique expression as coach as you deepen your understanding of them.
- Add neuroscience tools & tips to bring your coaching skills to the next level of artistry, ease, and effectiveness that you seek.

Earn 7 hours of mentor coaching [in a group setting] toward an ICF credential application: renew ACC or new application for MCC. [NOTE: an additional three hours of individual mentor coaching sessions are required as part of the total of 10 required by ICF].

Requirements

1. First and foremost, be a professional coach with a desire to take your skills to the next level of artistry.
2. Because we meet on a state-of-the art webinar platform, the following equipment is necessary: Webcam (if it's not already built into your PC or Mac) and High Speed Internet Access

Evaluation

Verbal mentor coaching feedback is included in classroom learning laboratories.

Private, individual mentor coaching feedback sessions are available as a separate service at an additional fee.

Certified Mentor Coach:
Amorah Ross, MCC
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Materials & Access

- Workbook, Study Documents, etc. accessible online
- Classroom URL provided upon registration

Milestones

Spring, Fall & Customized Program Start Dates

Eight 2-hour group learning and mentor coaching sessions online. Bi-weekly occurrence over 12 weeks.

Week #4

Participate in your first peer practice coaching session.

Week #7

Participate in your second peer practice coaching session.

Week #10

Participate in your third peer practice coaching session.

Week #13

Receive letter of completion.

