
Syllabus



ICF Competency Brush Up Program

Certified Mentor Coach:
Amorah Ross, MCC
E-Mail: amorah@amorah.com
Phone: (425) 788-4303

Overview

A core coaching competency and mentor coaching program designed specifically for professional coaches seeking skill development and/or preparing for ICF's credentialing exams. Led by an MCC coach who has experience as an ICF Credentialing Assessor, possesses 20+ years coach training experience on faculty with an ICF ACTP, is a seasoned master coach, and a Certified Mentor Coach.

Goals

Through a combination of group learning and mentor coaching interactions, professional coaches enhance their skills.

- Integrate the ICF competencies into your unique expression as coach as you deepen your understanding of them.
- Add neuroscience tools & tips to bring your coaching skills to the next level of artistry, ease, and effectiveness that you seek.

Earn 7 CCEs in Core Competencies AND 7 mentor coaching hours SIMULTANEOUSLY toward your ICF credentialing process. NOTE: ICF requires an additional three hours of mentor coaching sessions be completed to comprise the 10 mentor coaching hours for credentialing purposes.

Requirements

1. First and foremost, be a professional coach with a desire to take your skills to the next level of artistry.
2. Because we meet on a state-of-the art webinar platform, the following equipment is necessary: Webcam (if it's not already built into your PC or Mac) and High-Speed Internet Access

Evaluation

Verbal mentor coaching feedback is included in classroom learning laboratories.

Private, individual mentor coaching feedback sessions are available as a separate service at an additional fee.

Materials & Access

- Workbook, Study Documents, etc. accessible online
- Classroom URL provided upon registration

Milestones

Spring, Fall & Customized Program Start Dates

Eight 2-hour group learning and mentor coaching sessions online. Bi-weekly occurrence over 12 weeks [which fulfills ICF's 3-month minimum duration requirement].

Week #4

Participate in your first peer practice coaching session.

Week #7

Participate in your second peer practice coaching session.

Week #10

Participate in your third peer practice coaching session.

Week #13

Receive letter of completion attesting to:

**7 ICF Continuing Coach Education units AND
7 Mentor Coaching Hours**



[Per Feb 2018 Policy Changes]